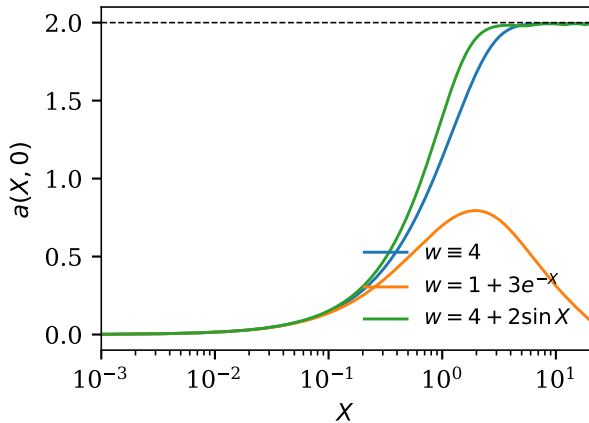


three strains, $h = 1/100$



$w \equiv 4$: the margin against $2h/(w - 1)$

